

NATURE GUIDE – INFORMATION SHEET

Seven Sisters Trail Cultus Lake

Name of Club submitting this form	Nature Chilliwack
Name of club members completing this form	Debora Soutar
Region	Cultus Lake, BC
Area	Chilliwack
Location Name	Seven Sisters Trail
Key Photos	Fern Gully – Debora Soutar – https://flic.kr/p/2ppyMyN Trail Sign & Boardwalk – Debora Soutar – https://flic.kr/p/2ppDvx8 Mahonia Patch – Debora Soutar – https://flic.kr/p/2ppyMyH
Description	Trailhead is in Entrance Bay Campground, near campsite #10 on the south side of the road. The beginning is a bit steep but this doesn't last. After a while it drops down to a boardwalk over a low, damp area. Then it climbs a bit, wraps around the slope, and suddenly opens up at a giant Douglas-fir. An interpretive sign, another boardwalk and a loop of stairs mark the destination. Return the same way or continue south to Clear Creek Campground.
Photo Gallery	https://flic.kr/s/aHBqjB8F5u
Geographical Description	East side of Cultus Lake across the highway from the gatehouse.
Area/Trail Length	Approximately 1.2 km return.
Seasons to Visit	Spring for wildflowers, summer for birds, fall for mushrooms, winter for tracking & winter birds.
Habitat, Eco system	Mature Douglas fir, western red cedar forest with understory of ferns, berried shrubs. Home to flying squirrels, thrushes, woodpeckers, wrens and more.
Viewing Highlights	Giant banana slugs, giant 500-year-old Douglas fir, woodpeckers, tiger lilies.
Other Features	Evidence of historic wildfire and early logging.
Main Access	Cultus Lake Provincial Park is south of Chilliwack. Take the Vedder Road Exit from highway #1 and head south. Go straight through the round-a-bout at the Vedder River, then exit at the 2 nd exit at next round-a-bout to Cultus Lake to Cultus Lake Provincial Park. The trail is near the entrance to the provincial park.
LAT, LONG	49.055122 -121.968816
Secondary Accesses	The Seven Sisters can also be approached from Clear Creek Campground.
Cautions	Parking is only permitted in the Entrance Bay Picnic Ground. Walk across the busy highway near the gatehouse to Entrance Bay Campground. The provincial park is adjacent to a large wilderness area so bears and cougars may be in the vicinity.
Jurisdiction	BC Parks
Regulations	Dogs on leash are permitted.
Facilities	Parking and outhouse at Entrance Bay Picnic Ground. Boardwalks on damp sections of trail and interpretive sign at destination.

Other Recreational Activities			
Other Connections	Several other trails in Cultus Lake Provincial Park.		
History	Cultus Lake Provincial Park was established in 1949. The forest has a history of early logging and wildfires.		
For More Info			
Links	Nature Chilliwack – https://naturechilliwack.ca/ BC Parks Cultus Lake Park – https://bcparks.ca/cultus-lake-park/ VancouverTrails – https://www.vancouvertrails.com/trails/seven-sisters-trail/		
Describe the type of area where the site is located	Provincial Park		
Should this Nature Site be preserved as a protected site	Yes		
	File #	Caption for Photograph	Name of Photographer
#1		Fern Gully	Debora Soutar
#2		Trail sign & boardwalk	Debora Soutar
#3		Mahonia Patch	Debora Soutar

Figure 1. Fern gully



Figure 2. Sign & boardwalk



Figure 3. Mahonia patch

